

TABLE 2. Numbers and Percentages of the Most Frequent Diagnoses During Ambulatory Visits Among Men by ICD-10 Major Diagnostic Category, Active Component, U.S. Armed Forces, 2023

Diagnostic Category (ICD-10 codes)	No.	% ^a	Diagnostic Category (ICD-10 codes)	No.	% ^a
Infectious and parasitic diseases (A00–B99)	140,491		Digestive system (K00–K95)	239,103	
Viral infection, unspecified	19,257	13.7	Gastroesophageal reflux disease without esophagitis	30,672	12.8
Viral wart, unspecified	9,298	6.6	Noninfective gastroenteritis and colitis, unspecified	21,534	9.0
Tinea unguium	8,000	5.7	Constipation	9,814	4.1
Viral intestinal infection, unspecified	7,696	5.5	Hemorrhage of anus and rectum	9,418	3.9
Plantar wart	6,728	4.8	Melena	9,114	3.8
Neoplasms (C00–D49)	105,661		Genitourinary system (N00–N99)	128,471	
Neoplasm of uncertain behavior of skin	10,826	10.2	Other specified disorders of male genital organs	25,484	19.8
Melanocytic nevi, unspecified	8,006	7.6	Male erectile dysfunction, unspecified	14,559	11.3
Melanocytic nevi of trunk	4,386	4.2	Calculus of kidney	8,624	6.7
Benign lipomatous neoplasm, unspecified	3,609	3.4	Hypertrophy of breast	6,814	5.3
Malignant neoplasm of testis, unspecified whether descended or undescended	3,079	2.9	Male infertility, unspecified	4,875	3.8
Endocrine, nutrition, immunity (E00–E89)	129,255		Skin and subcutaneous tissue (L00–L99)	316,496	
Hyperlipidemia, unspecified	15,904	12.3	Pseudofolliculitis barbae	44,269	14.0
Testicular hypofunction	13,789	10.7	Acne vulgaris	23,085	7.3
Vitamin D deficiency, unspecified	12,377	9.6	Dermatitis, unspecified	21,153	6.7
Obesity, unspecified	12,118	9.4	Ingrowing nail	17,272	5.5
Type 2 diabetes mellitus without complications	10,101	7.8	Pilonidal cyst and sinus without abscess	9,189	2.9
Hematologic and immune disorders (D50–D89)	26,996		Musculoskeletal system and connective tissue (M00–M99)	3,926,429	
Anemia, unspecified	4,572	16.9	Pain in joint	1,586,638	40.4
Other specified disorders of white blood cells	3,082	11.4	Low back pain	582,899	14.8
Sickle-cell trait	2,570	9.5	Pain in limb, hand, foot, fingers, and toes	303,247	7.7
Iron deficiency anemia, unspecified	2,376	8.8	Cervicalgia	181,424	4.6
Glucose-6-phosphate dehydrogenase (G6PD)	1,769	6.6	Dorsalgia, unspecified	121,230	3.1
Mental health disorders (F01–F99)	1,865,164		Congenital anomalies (Q00–Q99)	20,820	
Adjustment disorders	363,609	19.5	Congenital pes planus	2,558	12.3
Alcohol dependence	251,997	13.5	Other specified congenital malformations of skin	2,197	10.6
Post-traumatic stress disorder (PTSD)	244,356	13.1	Congenital pes cavus	1,709	8.2
Anxiety disorder, unspecified	124,357	6.7	Other congenital deformities of feet	1,131	5.4
Generalized anxiety disorder	100,989	5.4	Atrial septal defect	1,043	5.0
Nervous system and sense organs (G00–G99, H00–H95)	1,438,567		Symptoms, signs and abnormal clinical and laboratory findings, NEC (R00–R99)	1,055,320	
Sleep apnea	640,137	44.5	Other symptoms and signs involving emotional state	69,932	6.6
Myopia	98,240	6.8	Headache, unspecified	54,936	5.2
Chronic pain, not elsewhere classified	60,391	4.2	Chest pain, unspecified	53,999	5.1
Insomnia	47,963	3.3	Other abnormalities of breathing	42,504	4.0
Astigmatism	34,275	2.4	Unspecified abdominal pain	37,493	3.6
Circulatory system (I00–I99)	142,371		Injury/poisoning (S00–T98, DOD0101–DOD0105)	696,955	
Essential (primary) hypertension	68,436	48.1	Sprain of ankle	40,985	5.9
Scrotal varices	4,774	3.4	Sprain of shoulder joint	29,489	4.2
Atherosclerotic heart disease of native coronary artery	3,084	2.2	Concussion	26,778	3.8
Acute embolism and thrombosis of deep veins of lower extremity	2,824	2.0	Sprain of cruciate ligament of knee	26,669	3.8
Pulmonary embolism without acute cor pulmonale	2,741	1.9	Tear of meniscus, current injury	17,077	2.5
Respiratory system (J00–J99)	440,823		Other (Z00–Z99, except pregnancy-related)^{b,c}	2,814,185	
Acute upper respiratory infection, unspecified	107,129	24.3	Encounter for immunization	304,634	10.8
Acute pharyngitis, unspecified	41,849	9.5	Encounter for other administrative examinations	299,303	10.6
Allergic rhinitis due to pollen	38,151	8.7	Encounter for administrative examinations, unspecified	273,263	9.7
Allergic rhinitis, unspecified	26,726	6.1	Other specified counseling	172,099	6.1
Acute nasopharyngitis [common cold]	22,958	5.2	Encounter for other specified special examinations	122,413	4.3

Abbreviations: ICD-10, International Classification of Diseases, 10th Revision; No., number; G6PD, glucose-6-phosphate dehydrogenase; NEC, not elsewhere classified.

^a Percentage of the total number of hospitalizations within the diagnostic category.

^b Other factors influencing health status and contact with health services (excluding pregnancy-related).

^c Z-code data are provisional but current as of April 18, 2024.