

TABLE 2. Numbers and Percentages of the Most Frequent Diagnoses During Ambulatory Visits Among Men by ICD-10 Major Diagnostic Category, Active Component, U.S. Armed Forces, 2022^a

Diagnostic category (ICD-10 codes)	♂	No.	% ^b	Diagnostic category (ICD-10 codes)	♂	No.	% ^b
Infectious and parasitic diseases (A00–B99)		133,103		Digestive system (K00–K95)		198,365	
Viral infection, unspecified		20,583	15.5	Gastroesophageal reflux disease without esophagitis		24,870	12.5
Viral wart, unspecified		7,451	5.6	Noninfective gastroenteritis and colitis, unspecified		13,093	6.6
Tinea unguium		7,227	5.4	Hemorrhage of anus and rectum		9,113	4.6
Plantar wart		6,167	4.6	Constipation		8,275	4.2
Viral intestinal infection, unspecified		5,851	4.4	Unilateral inguinal hernia, without obstruction or gangrene		7,519	3.8
Neoplasms (C00–D49)		94,120		Genitourinary system (N00–N99)		114,827	
Neoplasm of uncertain behavior of skin		11,029	11.7	Other specified disorders of male genital organs		23,507	20.5
Melanocytic nevi, unspecified		6,310	6.7	Male erectile dysfunction, unspecified		10,905	9.5
Melanocytic nevi of trunk		3,808	4.0	Calculus of kidney		7,902	6.9
Neoplasm of unspecified behavior of bone, soft tissue, and skin		2,911	3.1	Hypertrophy of breast		5,916	5.2
Benign lipomatous neoplasm, unspecified		2,759	2.9	Male infertility, unspecified		4,973	4.3
Endocrine, nutrition, immunity (E00–E89)		105,691		Skin and subcutaneous tissue (L00–L99)		280,970	
Hyperlipidemia, unspecified		14,807	14.0	Pseudofolliculitis barbae		41,157	14.6
Testicular hypofunction		13,332	12.6	Acne vulgaris		18,958	6.7
Vitamin D deficiency, unspecified		9,935	9.4	Dermatitis, unspecified		17,198	6.1
Type 2 diabetes mellitus without complications		8,066	7.6	Ingrowing nail		15,253	5.4
Obesity, unspecified		6,256	5.9	Cellulitis and acute lymphangitis of other parts of limb		8,261	2.9
Hematologic and immune disorders (D50–D89)		22,048		Musculoskeletal system and connective tissue (M00–M99)		3,144,479	
Anemia, unspecified		3,521	16.0	Pain in joint		1,211,811	38.5
Other specified disorders of white blood cells		2,176	9.9	Low back pain		422,438	13.4
Sickle-cell trait		2,132	9.7	Pain in limb, hand, foot, fingers and toes		239,736	7.6
Iron deficiency anemia, unspecified		1,814	8.2	Dorsalgia, unspecified		154,907	4.9
Thrombocytopenia, unspecified		1,060	4.8	Cervicalgia		148,370	4.7
Mental health disorders (F01–F99)		1,598,014		Congenital anomalies (Q00–Q99)		18,018	
Adjustment disorders		328,144	20.5	Congenital pes planus		2,775	15.4
Alcohol dependence		227,170	14.2	Congenital pes cavus		1,537	8.5
Post-traumatic stress disorder (PTSD)		197,923	12.4	Other specified congenital malformations of skin		1,422	7.9
Anxiety disorder, unspecified		98,930	6.2	Other congenital deformities of feet		794	4.4
Major depressive disorder, recurrent severe without psychotic features		73,108	4.6	Atrial septal defect		748	4.2
Nervous system and sense organs (G00–G99, H00–H95)		1,224,245		Symptoms, signs and abnormal clinical and laboratory findings, NEC (R00–R99)		935,107	
Sleep apnea		524,609	42.9	Other symptoms and signs involving emotional state		54,377	5.8
Myopia		82,305	6.7	Chest pain, unspecified		49,837	5.3
Insomnia		48,344	3.9	Headache, unspecified		48,674	5.2
Chronic pain, not elsewhere classified		45,663	3.7	Other abnormalities of breathing		37,556	4.0
Astigmatism		40,639	3.3	Dyspnea		37,263	4.0
Circulatory system (I00–I99)		124,262		Injury/poisoning (S00–T98, D0D0101–D0D0105)		582,248	
Essential (primary) hypertension		58,862	47.4	Sprain of ankle		32,145	5.5
Scrotal varices		4,390	3.5	Sprain of shoulder joint		24,546	4.2
Atherosclerotic heart disease of native coronary artery		2,827	2.3	Concussion		23,664	4.1
Acute embolism and thrombosis of deep veins of lower extremity		2,660	2.1	Sprain of cruciate ligament of knee		21,210	3.6
Paroxysmal atrial fibrillation		2,365	1.9	Tear of meniscus, current injury		15,480	2.7
Respiratory system (J00–J99)		368,229		Other (Z00–Z99, except pregnancy-related)^c		3,935,487	
Acute upper respiratory infection, unspecified		82,064	22.3	Encounter for other administrative examinations		687,314	17.5
Allergic rhinitis due to pollen		34,442	9.4	Encounter for immunization		419,233	10.7
Acute pharyngitis, unspecified		34,108	9.3	Encounter for administrative examinations, unspecified		315,728	8.0
Acute nasopharyngitis [common cold]		24,149	6.6	Other specified counseling		266,968	6.8
Allergic rhinitis, unspecified		22,411	6.1	Encounter for examination of ears and hearing		180,386	4.6

Abbreviations: ICD, International Classification of Diseases, 10th Revision; No., number.

^a2022 data are considered provisional but current as of March 27, 2023.

^bPercentage of the total number of hospitalizations within the diagnostic category.

^cOther factors influencing health status and contact with health services (excluding pregnancy-related).