

## **Post-donation Information Sheet**

**Thank you for your donation today.** Travel to the tropics puts you at risk of getting infections not found in the United States and Canada. Of most concern at this time are tropical diseases caused by Zika, dengue and chikungunya viruses, which are transmitted to humans by infected mosquitoes.

You were asked not to give blood if you traveled in the last 28 days to Mexico, the Caribbean, and Central and South America. You may have donated anyway. You might have been infected during your travel, but remained well. If you have traveled anywhere in Mexico, Central and South America and the Caribbean in the last 28 days or have traveled elsewhere in the tropics (for example, in the islands of the South Pacific) before you donated today and then you develop two or more of the symptoms listed below any time within the next 14 days, PLEASE notify us as soon as possible at (XXX) XXX-XXXX.

- Fever  $\geq$  100 F
- Muscle and/or joint aches or weakness
- Headache
- Eye pain
- A rash

By notifying us you may prevent the blood that you donated today from being used and infecting a patient receiving a transfusion.

