



#### **Defense Health Board**

June 4, 2024

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#### Health of the Force

A suite of products including an annual population health report that documents conditions that influence the health and medical readiness of Service members.





Improving Health and Building Readiness. Anytime, Anywhere

Always

# **Our Mission**

Empower Senior Leaders with data, information, and context to improve the health, wellness, and readiness of Service members. Advance and promote programs and policies that reduce and prevent illness and injury.





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# **History**

- Defense Centers for Public Health-Aberdeen published 8 annual Active Component Army Health of the Force reports from 2015 to 2022.
  - 2021 health status of Soldiers by installation of assignment and age, sex, race, and ethnicity strata for 21 metrics
- Defense Health Agency Armed Forces Health Surveillance Division published 4 annual DoD Health of the Force reports from 2018 to 2021.
  - 2021 report included Service-level data for 12 metrics





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# **2023 Scope**

Inaugural publication by DHA Public Health will build on and expand content from legacy reports, to include-

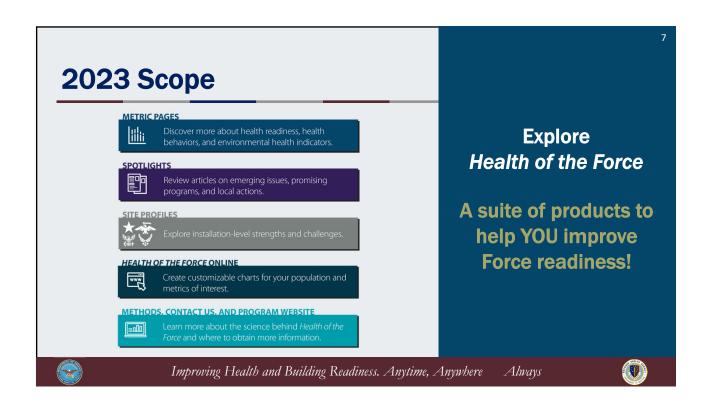
- Medical, environmental health, and health behavior metrics.
- Reporting on Army, Navy, Air Force, and Marine Corps Service members.
- DoD and Service-specific averages and historical trends.
- Stratification of data by age, sex, race, ethnicity, and site.





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### **Medical Metrics**

- Acute Respiratory Illness
- Behavioral Health
- Chronic Disease
- Hearing
- Heat Illness
- Injury
- Obesity
- Sexually Transmitted Infections
- Sleep Disorders
- Substance Use





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# **Environmental Health Indicators**

- Air Quality
- Allergic Rhinitis
- Drinking Water Quality
- Heat Risk
- Mosquito-borne Disease Risk
- Solid Waste Diversion
- Tick-borne Disease Risk





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# **Health Behavior Metrics**

- Sleep
- Activity
- Nutrition
- Tobacco Product Use





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### **Spotlight Vignettes**

- · Biosurveillance in the Public Health Enterprise
- · Burden of acute respiratory illness in recruit training
- DHA Public Health Preparedness
- · Healthcare utilization as a measure of medical readiness
- Health hazard assessment data collection protocol for blast overpressure
- Overview of PFAS
- Reproductive healthcare access
- Sexually transmitted infections before and after COVID-19
- Sleep, activity, and nutrition behaviors and readiness outcomes
- Total Force Fitness



Always



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Senior Leaders require reliable health information and awareness of environmental threats that affect Service member readiness.
Health of the Force Online summarizes key health, environmental, and wellness metrics with data visualizations and geographic distributions.
Visitors can interface with dashboards to make comparative analyses of trends and health outcomes that are stratified by site or Command elements.
Using a CAC-enabled device, visit https://carepoint.health.mil/sites/HOF/Pages/Home.aspx

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