

### Health Care Delivery Subcommittee

Active Duty Women's Health Care Services Report Update





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# Membership



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# Tasking (1/2)

 On July 29, 2019, the Assistant Secretary of Defense for Manpower and Reserve Affairs, Performing the Duties of the Under Secretary of Defense for Personnel and Readiness, directed the Defense Health Board ("the Board") to provide recommendations to the DoD to identify Active Duty (AD) women's health care needs, improve accessibility and quality of health services, and optimize individual medical readiness.





The Board should address and develop findings and recommendations on the policies and practices in place

- Determine how the DoD should improve research, quality of care, and access to health services for AD women, while maintaining readiness;
- Address psychological and mental health conditions with gender-specific epidemiology;
- Evaluate access to reproductive health services, including preventative care, for AD women throughout the deployment cycle; and
- Identify best musculoskeletal (MSK) injury prevention practices for AD women.



#### Summary of Activities to Date (1/2)

- Report Development:
  - Under subcommittee review: findings and recommendations; chapter 1 (introduction and background)
  - Ready for subcommittee review: executive summary
  - In composition: chapter 2 (women's health systems and structures); chapter 3 (musculoskeletal injury); emerging issues and best practices
- 30 Mar 2020, Video Teleconference: review of musculoskeletal injury findings and recommendations and briefs on field urogynecologic health care and military women's health systems approach and infrastructure
- 28 Apr 2020, Video Teleconference: review of Active Duty Women's Health Service report Chapter 1 and Executive Summary and briefs on eating and mood disorders and mental health sequelae of sexual assault



### Summary of Activities to Date (2/2)

#### DHB staff pre-briefed SMEs on:

- Urogenital health
- Menstrual hygiene
- Reproductive health provider training
- Mental health sequelae of sexual assault
- Eating and mood disorders
- DHA Women and Infants Clinical Community
- DoD-level women's health policies an working groups
- Implementation of best practices in a health care system





# Areas of Interest (1/2)

Topic	Discussion Points
Workforce Competency/Ca pacity	<ul> <li>Shortage of adequately trained and experienced providers on women's health</li> <li>Availability of women's health services in deployment settings</li> </ul>
Women's Health Provider Education	<ul> <li>Gaps in unit level gynecologic care</li> <li>Providers are inexperienced in making GYN clinical differential diagnosis</li> </ul>
Urogenital Health	<ul> <li>Self care in deployment and field environments</li> <li>Distribution of urogenital devices</li> </ul>



# Areas of Interest (2/2)

Topic	Discussion Points
Eating Disorders	<ul> <li>Prevalence by Service, special groups, and military career stage</li> <li>Screening recruits for eating disorders</li> </ul>
Sexual Assault	<ul> <li>Incidence of sexual assault in the military</li> <li>Clinical practice guidelines or policy instructions</li> </ul>
Women's Health Systems	<ul> <li>Disparate women's health advisory and decision-making bodies</li> </ul>



## Women's Health Systems, Structure, and Policies

Health Affairs Women's Health Issues
Working Group (HA-WHIWG)

Military Sexual Trauma
Working Group

Health Executive Committee for Women's Health Issues

Female Force Readiness Clinical Community (Navy)

Navy Office of Women's Health

Women and Infants Clinical Community (WICC)

Military-Specific Care Clinical Community



Air Force Women's Initiatives Team

Women's Health Service Line (Army)



# Way Ahead

- Video conference and briefing scheduled for May 20, 2020
- Continued report development with planned decision brief for the Board in Fall 2020



# Questions?