Tactical Combat Casualty Care



Defense Health Board 13 November 2009 Dr. Frank Butler



TCCC Update





TCCC and Preventable Deaths

- Approximately 20% of fatalities in Iraq and Afghanistan have been reported to be potentially preventable (Holcomb 2007, Kelly 2009)
- NO preventable deaths in war to date documented by Rangers and Army SMU in 2009 – both units have been using TCCC from the start of the war





Defense Health Board Memorandum 6 August 2009

- TCCC for all deploying combatants
- TCCC for all deploying medical department personnel
- TCCC overview training for combat leaders
- Capture info from TCCC Casualty Card into the Joint Theater Trauma Registry and the Prehospital Trauma Registry
- Combat Evaluation Program at U.S. Army Institute of Surgical Research

USA Today Feature Article 14 Sept 2009

Military considers revised medical training for troops

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SAVING LIVES

Improved trauma care techniques could have prevented up to 20% of combat deaths in Iraq and Afghanistan.

Total number of combat deaths: 4.800

Estimated preventable deaths: Up to 808

Source: USA TODAY research

By Gregg Zoroya, USA TODAY

WASHINGTON — Troops trained in advanced trauma care could prevent up to 20% of combat deaths in Iraq and Afghanistan, the military's top medical board says.

The Defense Health Board said in a recommendation to the Pentagon last month that enhanced Tactical Combat Casualty Care (TCCC) skills developed by military trauma specialists already have saved an estimated 1,000 lives in both wars.

For example, preventable combat deaths — primarily cases where troops bleed to death — have been eliminated in an Army Special Forces unit and the 75th Ranger Regiment, both trained in these skills. Among other techniques, the training emphasiz aggressive control of blood loss with tourniquets.

More than 4,000 U.S. troops have died from combat wounds suffered in Iraq and Afghanistan.

The Army's goal is to replace its first aid training with the TCCC curriculum by Jan. 1, says Col. Karen O'Brien, command surgeon for the Army Training and Doctrine Command. She says she decided to recommend changin the training after reviewing the same statistics presented to the Defense Health Board.

Most preventable deaths involved troops who bled to death, according to military trauma surgeons who studied autopsy and medical records of servicemembers who died from their wounds.





Training for TCCC

- August 2009
 - Training in TCCC for all Combatants
 - TFCCC training for leaders
- Issued by Army TRADOC, COL Karen O'Brien



New Task from D2.3.5 (POI Documentation Tool)

Action Officer

MEDCOM, HP&S LTC Larry France





DA Form 7656

| Name ID: DTG: ALL Friendly Unknow TQ TIME | PERCHES. | A: Intact Adjunct Cric Intubated B: Chest Seal NeedleD ChestTube C: TQ Hemostatic Packet PressureDx IV IO |
|---|----------|---|
| | | FLUIDS: NS / LR 500 1000 1500 Hextend 500 1000 Other: DRUGS (Type / Dose / Route): PAIN ARX OTHER |
| OSW BLAST MVA (TIME AVPU PULSE RESP BP | Other | |
| eracinti la compani | era i | Medic's Name |

All

APD assigned "DA Form 7656" to the Tactical Combat Casualty Care (TCCC) Card.

V/F

Tarek S. Riyad Electronic Forms Management Specialist Army Publishing Directorate 703-325-6278, DSN 221-6278



MARADMIN 301713Z Oct 09 Released by Commandant

5. EFFECTIVE IMMEDIATELY, THE RECENTLY APPROVED TCCC GUIDELINES WILL BECOME THE STANDARD TO WHICH TRAINING EFFORTS SHOULD BE FOCUSED AND EVALUATION WILL BE BASED.

THESE CHANGES WILL AFFECT NUMEROUS
TRAINING PROGRAMS AND COURSES. EFFORTS
ARE ALREADY UNDERWAY TO UPDATE
STANDARDS AND WILL BE ACCOMPLISHED
THROUGH THE NORMAL STAFFING PROCESS. A
KEY ELEMENT OF THE TCCC GUIDELINES IS THEIR
APPLICABILITY TO MEDICAL
PERSONNEL, COMBAT LIFESAVERS, AND
INDIVIDUAL DEPLOYING COMBATANTS.



Tourniquets J Emergency Med 2009

BATTLE CASUALTY SURVIVAL WITH EMERGENCY TOURNIQUET USE TO STOP LIMB BLEEDING

John F. Kragh, Jr, col, мс, usa.* Michelle L. Littrel, cpt, an, usa.† John A. Jones,* Thomas J. Walters, php.* David G. Baer, php.* Charles E. Wade, php.* and John B. Holcomb, мр*†

*US Army Institute of Surgical Research (USAISR), Fort Sam Houston, Texas and †Department of Nursing, Brooke Army Medical Center, Fort Sam Houston, Texas

Reprint Address: John F. Kragh, Jr., col., Mc, USA, Bone and Soft Tissue Trauma Research Program, US Army Institute of Surgical Research, 3400 Rawley E. Chambers Ave., Bldg. 3611, Room L82-16, Fort Sam Houston, TX 78234-6315

- 499 casualties (TQ on 651 limbs) from Iraq
- Survival 87%
- 4% survival if TQ applied after shock present
- Transient peripheral neuropathies 1.5%
- Limb shortening 0.4%
- Limbs lost 0%
- 10 fatalities from extremity hemorrhage no TQ



Hextend Dr. Ken Proctor - Ryder

Gentlemen: Within the constraints of our IRB, we designed our study to directly address the Army's use of 1 liter or less of Hextend on the battlefield for initial resuscitation. In 1700 patients, we unequivocally demonstrated safety (no increased mortality and no coagulopathy), and possible efficacy (mortality was reduced by half), within the caveat that this was an open-label, non-randomized, single center trial. The limitations of this study were presented at ATACCC 09. Hex is now part of our resuscitation algorithm at Univ of Miami Ryder Trauma Center. The data will also be presented at Southern Surgical, and published in JACS.

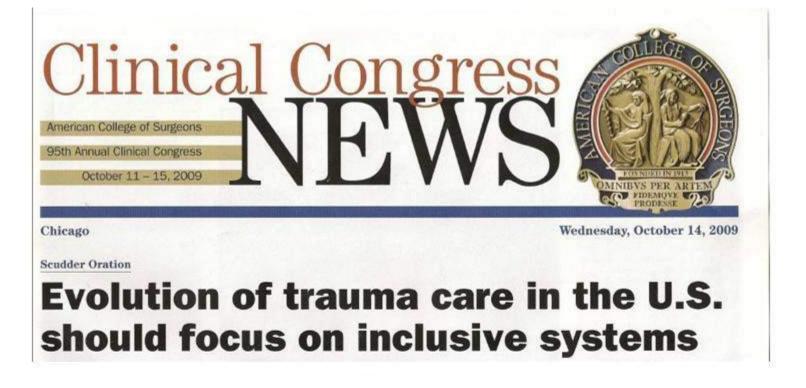
E-mail 30 Oct 09



American College of Surgeons



- ACS Clinical Congress 14 October 2009
- Panel on Trauma Care Advances in Military
- TCCC prehospital care segment



American College of Surgeons Scudder Oration 2009 A. Brent Eastman, MD

As an ideal model of an inclusive trauma system, Dr. Eastman pointed to the highly developed trauma systems for Iraq and Afghanistan: "The military has developed a superb Joint Theater Trauma System, and this system is a lesson for rural trauma care."



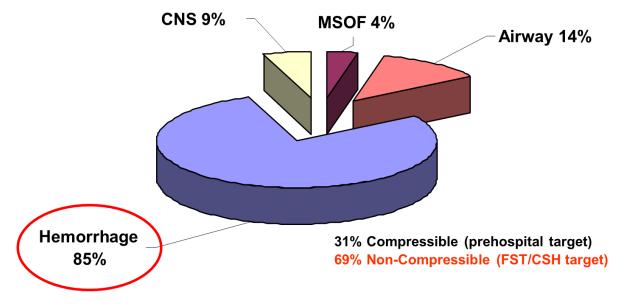
New Items



- 1. Battlefield Trauma Care Research Priorities
- 2. Treatment of Burns in TCCC



Potentially Survivable Deaths (232)



From evaluation of 982 casualties, and casualties could have more than 1 cause of death. (Kelly J., J Trauma 64:S21, 2008)



TCCC Research Priorities

- Non-Compressible Hemorrhage Control
- Damage Control Resuscitation
- TCCC Care Documentation
- TCCC Combat Evaluation Program
- Improved Battlefield Analgesia
- Electronic TCCC Training
- Truncal Tourniquet
- Optimal Fluid Resuscitation for TBI
- Monitor-Driven Fluid Resuscitation
- Surgical Airway Kits
- New Tourniquet Testing
- New Hemostatic Agent Testing





 Treatment of burns not previously addressed in TCCC



U.S. Army Institute of Surgical Research



Thanks to the USAISR Burn Center



Care Under Fire

5. Casualties should be extricated from burning vehicles or buildings and moved to places of relative safety. Do what is necessary to stop the burning process.



Tactical Field Care

15. Burns

- a. Facial burns, especially those that occur in closed spaces, may be associated with inhalation injury. Aggressively monitor airway status and oxygen saturation in such patients and consider early surgical airway for respiratory distress or oxygen desaturation.
- b. Estimate total body surface area (TBSA) burned to the nearest 10% using the Rule of Nines.



Tactical Field Care

c. Cover the burn area with dry, sterile dressings. For extensive burns (>20%), consider placing the casualty in the Blizzard Rescue Wrap in the Hypothermia Prevention Kit in order to both cover the burned areas and prevent hypothermia.



Tactical Field Care

- d. Fluid resuscitation (USAISR Rule of Ten)
- If burns are greater than 20% of Total Body Surface Area, fluid resuscitation should be initiated as soon as IV/IO access is established. Resuscitation should be initiated with Lactated Ringer's, normal saline, or Hextend. If Hextend is used, no more than 1000 ml should be given, followed by Lactated Ringer's or normal saline as 22 needed.



Tactical Field Care

- Initial IV/IO fluid rate is calculated as %TBSA x 10cc/hr for adults weighing 40-80 kg.
- For every 10 kg ABOVE 80 kg, increase initial rate by 100 ml/hr.
- If hemorrhagic shock is also present, resuscitation for hemorrhagic shock takes precedence over resuscitation for burn shock. Administer IV/IO fluids per the TCCC Guidelines in Section 6.

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Tactical Field Care

- e. Analgesia in accordance with TCCC Guidelines in Section 12 may be administered to treat burn pain.
- f. Prehospital antibiotic therapy is not indicated solely for burns, but antibiotics should be given per TCCC guidelines in Section 14 if indicated to prevent infection in penetrating wounds.



Tactical Field Care

g. All TCCC interventions can be performed on or through burned skin in a burn casualty.



Tactical Evacuation Care

- Same as TFC, plus
- h. Burn patients are particularly susceptible to hypothermia. Extra emphasis should be placed on barrier heat loss prevention methods and IV fluid warming in this phase.



Proposed Actions

1. Core Board endorsement and forwarding of battlefield trauma care research priorities

2. Core Board approval of proposed TCCC burn management strategies



Trauma and Injury Subcommittee Review

- Both items reviewed on 4 November
- Unanimous approval of members present



Questions?

