



**DEFENSE HEALTH BOARD MEETING
AUGUST 19-20, 2013**

Annapolis Marriott
80 Compromise Street
Annapolis, MD 21401

- 1. ATTENDEES – ATTACHMENT ONE**
- 2. NEW BUSINESS**

August 19, 2013--Administrative Session

Dr. Nancy Dickey, Defense Health Board (DHB) President, welcomed Board and Subcommittee members. Ms. Christine Bader, DHB Director, also welcomed the group and introduced the new DHB Executive Secretary, Col Douglas Rouse, who was formerly a faculty member at the Uniformed Services University of the Health Sciences (USUHS).

Ms. Bader also provided a status update on current Board taskings and recent recommendations. She noted that the DHB's recommendation report on the use of Ketamine in battlefield analgesia was under review by the Deputy Assistant Secretary of Defense (Force Health Protection and Readiness).

A member asked about the statuses of other recommendations that were not yet enacted, such as those for anthrax and smallpox vaccines. It was reported that the Department of Defense (DoD) is re-addressing this question, and all policies on vaccinations were under review. Ms. Bader indicated that most of the DHB's work should be approved.

Ms. Gaviola provided an update regarding the DHB bylaws, sharing that a call was scheduled and that changes to the bylaws would be briefed out at the November meeting for final approval. She reminded the Board members that the bylaws need to be in line with the new DHB charter.

Ms. Marianne Coates shared that the media was primarily interested in the obesity report, followed by dietary supplement use in the military, amputee care, and ethical considerations, such as the forced-feedings of prisoners at Guantanamo Bay.

The DHB Staff will send meeting dates for 2014 to the Board by the end of the week. Ms. Bader emphasized the importance of attending the meetings because a quorum of at least ten people is required.

Action/POC: Disseminate 2014 meeting dates for review/DHB Staff.

August 20, 2013--Open Session

a. Administrative/Opening Remarks

Dr. Dickey welcomed the meeting attendees. Ms. Bader called the meeting to order as the DHB Alternate Designated Federal Officer. Following a moment of silence to honor Service members, meeting attendees introduced themselves. Col Rouse introduced himself as the new Executive Secretary, stated it was a privilege to have been selected to serve the Board and that he looked forward to working with them.

Action/POC: None.

b. Decision Brief: Obesity Report

Board member Dr. Dennis O'Leary began by providing an update on the recent activities of the subset of Board members that has been addressing the tasking to the Board regarding obesity with a focus on the content of the draft final report. Since the last Board meeting, the members have met twice via teleconference. Dr. O'Leary presented the findings and recommendations.

The members engaged in a robust discussion and made requests to include additional topics in the report. One item that generated extensive discussion and recommendation for inclusion was the notion that DoD should mandate healthier nutritional standards for on-base food vendors, as well as healthy food choices at fast-food locations on base, particularly given that these restaurants may be the only after-hours dining options available. Other topics discussed by the Board included educating potential recruits prior to military service, the importance of rest, the Healthy Base Initiative, applying a systems approach to obesity, consequences of alcohol and smoking, mental health, and deployment effects. There was discussion regarding a perceived need for stronger language in the recommendations.

During the public comment period, Dr. Howard Fishbein, the Principal Investigator of a study funded by the National Heart, Lung, and Blood Institute, encouraged the DoD to focus on the evaluation, prevention and control of obesity in coordination with other Federal agencies and programs.

The Board voted unanimously to approve the 15 recommendations in the report with the provision that they may revise the recommendations prior to finalizing the report. It is expected that the report will be finalized at the November 2013 meeting.

Action/POC: Submit language for inclusion in the report to DHB Staff/DHB Members.

c. Update on Dover Port Mortuary Report

Ms. Deborah Skillman, Program Director for Casualty, Mortuary Affairs, and Military Funeral Honors, presented an update on the implementation of the Dover Port Mortuary recommendations. She noted that 41 of the 58, or 71 percent, of the actions recommended by

DHB were completed. She reported that there was action taken to put this program under the Joint Chiefs of Staff, but the office could not accept a new initiative. Additionally, her office was not yet able to publish a new DoD Instruction because the document is under review. Board members expressed their concerns that there had not been much progress in the past two years in implementing the remaining recommendations. Members also discussed the recommendation regarding the implementation of an external Board of Visitors to conduct command and technical reviews, particularly given that Dover Port Mortuary and Armed Forces Medical Examiner System processes are not reviewed by outside experts. Ms. Skillman shared that the office is planning to use a Tri-Service inspection team because the Office for Casualty, Mortuary Affairs, and Military Funeral Honors wanted to do a review of all sites, not solely the Dover site. In response to the raised concerns, Ms. Skillman shared that the office had to work within the limitations posed by legal considerations, and that the program is under elevated awareness due to oversight by Mr. Charles Milam, Principal Director for Military Community and Family Policy. Ms. Skillman stated that she would share the members' feedback and concerns with her leadership.

Action/POC: None.

d. Decision Brief: Deployment Health Clinical Center Follow-Up Review

Board member Dr. George Anderson provided an update on the past and current work of the subset of the Health Care Delivery Subcommittee tasked with reviewing the question to the Board regarding the regular review of the Deployment Health Clinical Center (DHCC) of the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE). Dr. Anderson and Dr. Eve Higginbotham conducted a site visit to DHCC on July 26, 2013 and met with both DCoE and DHCC leadership. They were pleased to learn of the progress made in response to previous DHB recommendations. Dr. Anderson moved to approve the DHCC report and the Board voted unanimously to approve it and the five suggested recommendations.

Action/POC: Finalize the follow-up report and forward to the Department/DHB Staff.

e. Dual Loyalties of Military Medical Providers

Dr. Jack Smith, Director of Clinical and Program Policy Integration, provided an overview on the tasking to the Defense Health Board regarding ethical guidelines and practices for U.S. military medical professionals. The briefing included the issue of dual loyalties, which is the challenge that healthcare providers face when there are conflicts between their medical responsibilities and their roles as military officers; balancing potentially conflicting obligations; and policy and ethics guidance for military healthcare professionals. Members and guests engaged in discussion regarding topics requiring ethical considerations, such as genomics, detainee forced-feedings at Guantanamo, and use of in vitro fertilization after a military member or their spouse has died. Dr. Lockette noted that a committee was being formed to address genetic health.

Action/POC: The Defense Health Board Medical Ethics Subcommittee is currently appointed and will be addressing the tasking from USD(P&R) regarding dual loyalties of medical providers.

f. Medical Ethics Subcommittee Update: Dual Loyalties of Medical Providers

Dr. Adil Shamoo, Medical Ethics Subcommittee Chair, provided an update for the Medical Ethics Subcommittee. He mentioned his hope that the Subcommittee may acquire more members, as there were a few vacancies. The Subcommittee will consult with several subject matter experts, including at least one with military experience, to address this gap. Dr. Shamoo stated that the Board began to address this issue almost three years ago and that he had shared those materials with the Subcommittee. He intends to have two meetings with briefings by experts in the topic area, including at least one with military experience.

Action/POC: None.

g. Dietary Supplement Use in the Military

Dr. Harris Lieberman, Military Nutrition Division, U.S. Army Research Institute of Environmental Medicine, provided an information briefing on the policy and science of dietary supplement use in the military. Dr. Lieberman discussed the regulation of dietary supplements in the U. S.; the safety and efficacy of dietary supplements; their use by uniformed military personnel, including use in Afghanistan; and relevant DoD committees and programs, such as Operation Supplement Safety, a DoD-wide education campaign. He also described a joint program, Center Alliance for Dietary Supplement Research, which monitors the use, safety, and efficacy of dietary supplements relevant to DoD and is part of a collaborative effort involving other federal partners, such as the National Institutes of Health and the Food and Drug Administration. The briefing stimulated a robust discussion on a wide variety of topics including surveillance and data collection, alcohol and energy drinks, smokeless tobacco, on-base vendors, and successful interventions.

Action/POC: None.

h. Personal Comments on Leadership and Courage

COL Gregory Gadson, Garrison Commander, Fort Belvoir, provided personal comments on his experience with the DoD's healthcare system as a patient who, while deployed, experienced traumatic wounds that resulted in a double amputation. He emphasized the importance of advancements in medicine and policy that serve to preserve a high quality of life for warriors with amputations. COL Gadson stated that those who have been wounded should not be defined by their injuries, but by how they choose to live their lives, noting that each amputee presents with a different set of challenges. Additionally, he shared that providers often focus on rehabilitating the injury, but that there needs to be more thought put toward life beyond rehabilitation. Discussion topics included suicide prevention, mental health care, the role of faith, and provider education. COL Gadson received a standing ovation from all in the room.

Action/POC: None.

i. Healthcare Delivery Subcommittee Update: Sustainment and Advancement of Amputee Care

Dr. George Anderson, Health Care Delivery Subcommittee Chair, provided an update on the Subcommittee's tasking on the advancement and sustainment of amputee care. The Subcommittee is just beginning their investigation of the tasking. Dr Anderson also stated that he appreciated GEN Franks' expertise in the area of amputee care and expressed his hope that GEN Franks be appointed as a formal Subcommittee member. The members discussed models of care that may be applicable to the ongoing care of patients with amputations, as well as possible civilian partnerships.

Action/POC: None.

j. Overview of the Integrated Mental Health Strategy (IMHS)

Dr. John Davison, Director of the Behavioral Medicine Division of the Office of the Chief Medical Officer, gave an informational briefing on the DoD/VA Integrated Mental Health Strategy (IMHS). Dr. Davison provided an overview on the IMHS background, its mission and accomplishments, the Joint Incentive Fund initiative, and a status update on the individual IMHS projects. Members discussed some of the challenges created by the effort to improve the provision of mental health care in the military.

Action/POC: None.

k. Public Health Subcommittee Update: Deployment Pulmonary Health

Dr. H. Clifford Lane, Public Health Subcommittee Chair, provided a brief update on the deployment pulmonary health tasking for the Subcommittee. Dr. Lane described the related DHB report on burn pits from 2008 and summarized important points from the mid-August 2013 VA/DoD Airborne Hazards Symposium. The Subcommittee hopes to meet via teleconference in late August and have an in-person meeting in late September.

Action/POC: None.

3. August 20, 2013—Administrative Session

DHB members, Medical Ethics Subcommittee members, and Service Liaisons visited the U.S. Naval Academy. After a welcome from the Superintendent of the Academy, VADM Michael Miller, attendees received briefings regarding ethical leadership, prevention of musculoskeletal injuries, and metrics for assessing concussions. Following a tour of the campus medical facilities, members had lunch with approximately 15 ensigns and junior officers at the Naval Academy Club.

4. NEXT MEETING

The next DHB meeting will be held November 18-19, 2013 at the Defense Health Headquarters in Falls Church, Virginia.

5. CERTIFICATION OF MINUTES

I hereby certify that, to the best of my knowledge, the foregoing meeting minutes are accurate and complete.



October 17, 2013

Nancy W. Dickey, MD
President, Defense Health Board

Date

ATTACHMENT ONE: MEETING ATTENDEES
August 19, 2013

BOARD MEMBERS			
TITLE	LAST NAME	FIRST NAME	ORGANIZATION
Dr.	Anderson	George	<i>Defense Health Board (DHB) Second Vice President</i> Former Executive Director, The Society of the Federal Health Agencies
Dr.	Bullock	M. Ross	Professor of Neurosurgery and Director of Neurotrauma Care, University of Miami
Ms.	Carroll	Bonnie	National Director, Tragedy Assistance Program for Survivors, Inc.
Dr.	Clifton	Guy	Founder and CEO, HealthCare Integrators LLC, and Visiting Professor of Neurosurgery at the University of Texas Health Science Center
Dr.	Dickey	Nancy	<i>DHB President</i> Professor, Department of Family and Community Medicine, Texas A&M University
GEN (Ret)	Franks	Frederick	Former Commanding General, U.S. Army Training and Doctrine Command
Dr.	Gandy	John	Emergency Medicine Physician, Shenandoah Memorial Hospital
Dr.	Gordon	Steven	Chairman, Department of Infectious Diseases, Cleveland Clinic Foundation
Dr.	Groopman	John	Anna M. Baetjer Professor of Environmental Health, Department of Environmental Health Sciences, Bloomberg School of Public Health, Johns Hopkins University
Dr.	Higginbotham	Eve	Vice Dean, Perelman School of Medicine, University of Pennsylvania
RADM	Lane	H. Clifford	Director, Division of Clinical Research, National Institute of Allergy and Infectious Disease, National Institutes of Health
Gen (Ret)	Myers	Richard	<i>DHB First Vice President</i> RMyers & Associates LLC
Dr.	O'Leary	Dennis	President Emeritus, The Joint Commission
Dr.	Poland	Gregory	Director, Mayo Vaccine Research Group, Director for Strategy, Center for Innovation, Mayo Clinic and Foundation
SUBCOMMITTEE MEMBERS			
TITLE	LAST NAME	FIRST NAME	ORGANIZATION
Dr.	Certain	Robert	DHB Medical Ethics Subcommittee Member Reverend, Parish Leadership
Dr.	Shamoo	Adil	DHB Medical Ethics Subcommittee Member Professor, Department of Biochemistry and Molecular Biology University of Maryland School of Medicine
INVITED GUESTS & STAFF			
TITLE	LAST NAME	FIRST NAME	ORGANIZATION
Ms.	Bader	Christine	DHB Director/Alternate Designated Federal Officer (DFO)
Mrs.	Coates	Marianne	DHB Media Consultant/Creative Computing Solutions, Inc. (CCSi)
Mr.	Davison	John	Director, Behavioral Medicine Division, Office of the Chief Medical Officer, TRICARE Management Activity
Ms.	Determan	Ada	DHB Task Lead/Grant Thornton, LLP
RADM	Doll	Bruce	Deputy Chief, M2, Navy Medicine Research and Development, U.S. Navy Bureau of Medicine and Surgery

Mr.	Fountain	Vernie	Embalmer, Post Mortem Reconstructive Specialist, CFSP Fountain National Academy Former member of the Dover Port Mortuary Independent Review Subcommittee
COL	Gadson	Gregory	Garrison Commander, Fort Belvoir, VA
Ms.	Gaviola	Camille	DHB Deputy Director/Alternate DFO
Dr.	Hanna	Kathi	DHB Technical Writer, Independent Consultant to CCSi
CDR	Hollis	Ewell "Trey"	<i>DHB Service Liaison Officer</i> U.S. Marine Corps
Mr.	Huey	Garold "Gary"	Consultant; Former member of the Dover Port Mortuary Independent Review Subcommittee
Ms.	Ites	Cheryl	Casualty, Mortuary Affairs and Military Funeral Honors, Military Community & Family Policy
CAPT	Laraby	Patrick	<i>DHB Service Liaison Officer</i> U.S. Navy, Bureau of Medicine and Surgery
Mr.	Lieberman	Harris	Research Psychologist, Military Nutrition Division, U.S. Army Research Institute of Environmental Medicine
Dr.	Lockette	Warren	Deputy Assistant Secretary of Defense for Clinical and Program Policy
Ms.	MacKenzie	Elizabeth	DHB Analyst/CCSi
Mr.	Middleton	Allen	<i>DHB DFO</i> Deputy Assistant Secretary of Defense (Health Budgets and Financial Policy)
Ms.	Peabody	Hillary	DHB Analyst/Grant Thornton, LLP
Col	Richardson	Katherine	British Liaison
Col	Rouse	Douglas	DHB Executive Secretary
CAPT	Schwartz	Erica	<i>DHB Service Liaison Officer</i> U.S. Coast Guard
Ms.	Skillman	Deborah	Program Director; Casualty, Mortuary Affairs and Military Funeral Honors; Military Community and Family Policy
Col	Smallman	Darlene	Uniformed Services University of the Health Sciences; Air Force Medical Support Agency/Public Health Division (SG3PM)
Dr.	Smith	Jack	Director for Clinical Program Policy Integration in the Office of the Assistant Secretary of Defense for Health Affairs (OASD(HA))
COL	Stanek	Scott	Health Affairs, Force Health Protection and Readiness, DoD
Ms.	Taylor	Jacquelyn	Professor, Mount Ida College Former member of the Dover Port Mortuary Independent Review Subcommittee
Ms.	Valentine	Lisiane	Casualty, Mortuary Affairs and Military Funeral Honors, Military Community and Family Policy
MG	West	Nadja	Joint Staff Surgeon
LtCol	Witkop	Catherine	<i>DHB Service Liaison Officer</i> U.S. Air Force
Ms.	Witzmann	Tatjana	DHB Event Planner/Grant Thornton, LLP

MEDIA & PUBLIC ATTENDEES			
TITLE	LAST NAME	FIRST NAME	ORGANIZATION
MAJ	Boivin	Michael	Walter Reed Army Institute of Research
Mr.	Casey	Steve	Practice Director, Grant Thornton LLP
Ms.	Crandall	Deborah	American Physical Therapy Association
Dr.	Fishbein	Howard	Battelle Memorial Institute
Col	Ireland	Mark	Office of the Army Surgeon General Health and Wellness
Mrs.	Sim	Leslie	Senior Program Officer, Food and Nutrition Board, Institute of Medicine, National Academy of Sciences
LCDR	Wallinger	Jennifer	Navy Personnel Command, Physical Readiness Program