



Information for Combat Veterans

Health care services through TRICARE® and the Department of Veterans Affairs

If you served in a combat zone or received hazardous-duty pay and believe you sustained a disease or disability connected to your service,* many programs and resources are available to help you. This fact sheet describes health care services and benefits offered by your military hospital or clinic, TRICARE network providers, and the Department of Veterans Affairs (VA).

** Eligibility for future health care services is dependent upon line-of-duty and disability determination processes.*

TRICARE AND VETERANS AFFAIRS BENEFITS

Service members who separate due to a service-related disease or disability may be eligible for VA benefits and certain TRICARE benefits. If retiring, you are eligible for TRICARE as a military retiree and may also be eligible for certain VA benefits.

National Guard and Reserve members may qualify for veteran status and eligibility for VA benefits. The VA will determine your eligibility status as a veteran by reviewing your length of active duty service and type of discharge from active duty.

Note: If you receive disability benefits from the Social Security Administration, you are entitled to Medicare in the 25th month of receiving disability payments. The Centers for Medicare & Medicaid Services will notify you of your Medicare entitlement date. To keep TRICARE eligibility, most TRICARE- and Medicare-eligible beneficiaries must have Medicare Part A and Part B. For more information on TRICARE and Medicare, visit www.tricare.mil/medicare.

Separating from Active Duty

Transitional Health Care Coverage

The Transitional Assistance Management Program (TAMP) provides 180 days of transitional health care benefits to help certain members of the uniformed services and their

families transition to civilian life. For more information, visit www.tricare.mil/tamp. If you are eligible for TAMP and have a newly diagnosed medical condition that is related to your active duty service, you may qualify for the Transitional Care for Service-Related Conditions (TCSRC) program, which provides 180 days of care for your condition with no out-of-pocket costs. If you believe you have a service-related condition that may qualify you for TCSRC, visit www.tricare.mil/tcsrc for instructions on how to apply.

When your TAMP coverage ends, you may qualify to purchase additional transitional coverage under the Continued Health Care Benefit Program (CHCBP). CHCBP is comparable to TRICARE Standard and TRICARE Extra, but requires premium payments. Enrollment is required within 60 days of the end of TAMP coverage. For more details, visit www.tricare.mil/chcbp.

TRICARE Reserve Select®

TRICARE Reserve Select (TRS) is a premium-based health plan available for purchase by qualified members of the Selected Reserve **unless** eligible for, or enrolled in, the Federal Employees Health Benefits (FEHB) Program. TRS offers comprehensive coverage similar to TRICARE Standard and TRICARE Extra. For details, visit www.tricare.mil/trs.

Veterans Affairs Health Care Benefits

You may qualify for VA health care benefits if you served on active duty service, were discharged or released under honorable conditions, and meet length-of-service requirements.

To apply for VA health care benefits, complete the *Application for Health Benefits* (VA Form 10-10 EZ), available at any VA health care facility or regional benefits office, or online at www.va.gov. For additional information, call **1-877-222-VETS (1-877-222-8387)**.

*This fact sheet is **not** all-inclusive. For additional information, please visit www.tricare.mil.*

Overseas, the VA will pay for medically necessary treatment of a service-related condition under the Foreign Medical Program. For details and registration information, visit www.va.gov/hac/forbeneficiaries/fmp/fmp.asp.

Some family members may be eligible for the Civilian Health and Medical Program of the Department of Veterans Affairs. For additional information, visit www.va.gov/hac/forbeneficiaries/champva/champva.asp.

Retiring from Active Duty

Transitional Health Care Coverage

You may be eligible for TAMP after retirement if your retirement date was postponed because you were retained on active duty in support of a contingency operation (*stop-loss*). If you are eligible for TAMP and have a newly diagnosed medical condition that is related to your active duty service, you may qualify for the TCSRC program, which provides 180 days of care for your condition with no out-of-pocket costs. If you believe you have a service-related condition that may qualify you for TCSRC, visit www.tricare.mil/tcsrc for instructions on how to apply.

TRICARE Retired Reserve®

TRICARE Retired Reserve (TRR) is a premium-based health plan available for purchase by qualified members of the Retired Reserve until reaching age 60 **unless** eligible for, or enrolled in, the FEHB Program. TRR offers comprehensive coverage similar to TRICARE Standard and TRICARE Extra. For details, visit www.tricare.mil/trr.

Veterans Affairs Health Care Benefits

When you retire, you may be eligible for certain VA health care benefits in addition to your TRICARE retiree health care benefits. If you are eligible, TRICARE provides coverage even if you received treatment through the VA for the same medical condition in a previous episode of care. For details about VA benefits, contact the nearest VA regional benefits office. For locations, visit www.vba.va.gov. You can also contact the nearest Vet Center or visit www.vetcenter.va.gov.

For more information on your TRICARE benefits after you retire from active duty, visit www.tricare.mil/retire.

TRICARE FOR LIFE AND VETERANS AFFAIRS

VA providers cannot bill Medicare and Medicare cannot pay for services received from the VA. If you are eligible for both TRICARE For Life (TFL) and VA benefits and elect to use your TFL benefit for non-service-related care, you will incur out-of-pocket expenses when seeing a VA provider. By law, TRICARE can only pay up to 20 percent of the TRICARE-allowable amount. If you receive care at a VA facility, you may be responsible for the remaining liability. When using your TFL benefit, your least expensive option is to see a Medicare participating or Medicare-nonparticipating provider. If you want to seek care from a VA provider, check with Wisconsin Physicians Service, which administers the benefit under TFL, to confirm coverage details and determine what will be covered by TRICARE. For contact information, see the *For Information and Assistance* section of this fact sheet.

FOR INFORMATION AND ASSISTANCE

 TRICARE North Region Health Net Federal Services, LLC 1-877-TRICARE (1-877-874-2273) www.hnfs.com	 TRICARE South Region Humana Military, a division of Humana Government Business 1-800-444-5445 Humana-Military.com	 TRICARE West Region UnitedHealthcare Military & Veterans 1-877-988-WEST (1-877-988-9378) www.uhcmilitarywest.com
 TRICARE Overseas Program (TOP) Regional Call Center—Eurasia-Africa¹ +44-20-8762-8384 (overseas) 1-877-678-1207 (stateside) tricarelon@internationalsos.com	 TOP Regional Call Center—Latin America and Canada¹ +1-215-942-8393 (overseas) 1-877-451-8659 (stateside) tricarephl@internationalsos.com	 TOP Regional Call Centers—Pacific¹ Singapore: +65-6339-2676 (overseas) 1-877-678-1208 (stateside) sin.tricare@internationalsos.com Sydney: +61-2-9273-2710 (overseas) 1-877-678-1209 (stateside) sydricare@internationalsos.com
Reserve Affairs Web Site ra.defense.gov Department of Veterans Affairs 1-800-827-1000 www.va.gov	Social Security Administration 1-800-772-1213 1-800-325-0778 (TDD/TTY) www.ssa.gov www.ssa.gov/foreign (overseas)	TRICARE For Life Customer Service (United States and U.S. Territories) Wisconsin Physicians Service (WPS) 1-866-773-0404 1-866-773-0405 (TDD/TTY) www.TRICARE4u.com

1. For toll-free contact information, visit www.tricare-overseas.com.

An Important Note About TRICARE Program Information

At the time of publication, this information is current. It is important to remember that TRICARE policies and benefits are governed by public law and federal regulations. Changes to TRICARE programs are continually made as public law and/or federal regulations are amended. **Military hospital and clinic guidelines and policies may be different than those outlined in this publication.** For the most recent information, contact your TRICARE regional contractor or local military hospital or clinic. The TRICARE program meets the minimum essential coverage requirement under the Affordable Care Act. TRICARE is a registered trademark of the Department of Defense, Defense Health Agency. All rights reserved.