

inTransition

CONNECTING • COACHING • EMPOWERING



The DoD inTransition program is a free, voluntary, and confidential program that can assist ANY service member or veteran in getting connected with behavioral health care. An inTransition coach can help bridge potential gaps during a service member or veteran's transition to a new provider or for someone seeking care for the first time.

inTransition Key Components:

- Available to **ALL** service members and veterans **regardless of** discharge status, time in service, time since separation
- Available globally via phone **24 hours** a day, **7 days** a week, **365 days** a year
- **No limit** on the number of times inTransition can be used
- A **designated inTransition Coach**, trained in military culture, works with you every step of the way to help get you connected to care
- We help connect you to resources in your local area, too

“Wonderful program to assist in “closing the loop” for our mental health patients”

—Referring provider





Access is Easy

- Just call inTransition anytime, from anywhere in the world, to get started
- Service members and veterans can call inTransition by themselves or with their current provider
- Providers can call on behalf of a service member or veteran, with their approval
- We work with the service member or veteran until they have the care that works best for them

“I highly recommend this program to anyone transitioning from the military that needs assistance. My inTransition coach was able to answer any questions I had but more importantly she listened to me and was a calming, very knowledgeable, well informed coach.”

—Service member

For more information about the program, visit health.mil/inTransition or call:

800-424-7877 Inside the U.S.

800 424-4685 Outside of the U.S. toll-free

314-387-4700 Outside the U.S. collect