

**SILENCE IS GOLDEN...  
UNLESS IT'S PERMANENT.**

**TURN DOWN  
THE VOLUME**

**PROTECT YOUR HEARING...  
IT'S A NOISY WORLD.**



DEPARTMENT OF DEFENSE  
**HEARING CENTER  
OF EXCELLENCE**



VISIT [HTTP://HEARING.HEALTH.MIL](http://hearing.health.mil) TO LEARN MORE ABOUT HEARING LOSS PREVENTION.